

# **Abuelitas Hands: New Lessons From Old Hands**

## Program Facilitator:

Sam Centellas, Sigma Lambda Beta  
Executive Director,  
La Casa De Amistad, Inc.

## Description:

Everything you know, you learned from someone who came before you. Many of those lessons you don't even realize how you learned them, some of those lessons you have forgotten. This program talks about the significance of family, tradition and the importance for us to work together, drive towards common goals, and be ethical in all we do.

Our Abuelitas (grandmothers) sacrificed so that we would have opportunity, so let's focus on your opportunities, your challenges, and overcome challenges together to achieve our dreams and those of the ones who came before us... Our Abuelitas.

## AV Equipment:

LCD Projector with DVI Connection. Audio Line in for Laptop.

## Room Set-Up:

Lecture Style. Small stage preferred for larger audiences.

## Target Audience:

Program can be targeted for High School seniors, Freshmen Orientation programs, or other student success programs.

References Available Upon Request: Sigma Lambda Beta, Indiana University South Bend, Goshen College, South Bend (IN) School Corporation, etc.

**OUTSIGHT**

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